

Name:  
Date:

# Spiritual Formation Checkup



1. What are your 90-day spiritual goals, what are your 1-year spiritual goals? (Eph. 2:10)
2. How do you grow to abide in the love of God throughout the week? What would you like to change? (Jude 20-21)
3. What is one thing you have learned about God in this season of life? What is something you would like to learn more about in the next season? (Matt. 16:13-16)
4. What can you do to disciple others? What can you do to be disciplined? (Matt. 28:18-20)
5. What can you do to go outside your comfort zone be Christ-like in this next season of life? (Rom. 12:1-2)

Name:  
Date:

# Spiritual Formation Checkup



1. What are your 90-day spiritual goals, what are your 1-year spiritual goals? (Eph. 2:10)
2. How do you grow to abide in the love of God throughout the week? What would you like to change? (Jude 20-21)
3. What is one thing you have learned about God in this season of life? What is something you would like to learn more about in the next season? (Matt. 16:13-16)
4. What can you do to disciple others? What can you do to be disciplined? (Matt. 28:18-20)
5. What can you do to go outside your comfort zone be Christ-like in this next season of life? (Rom. 12:1-2)